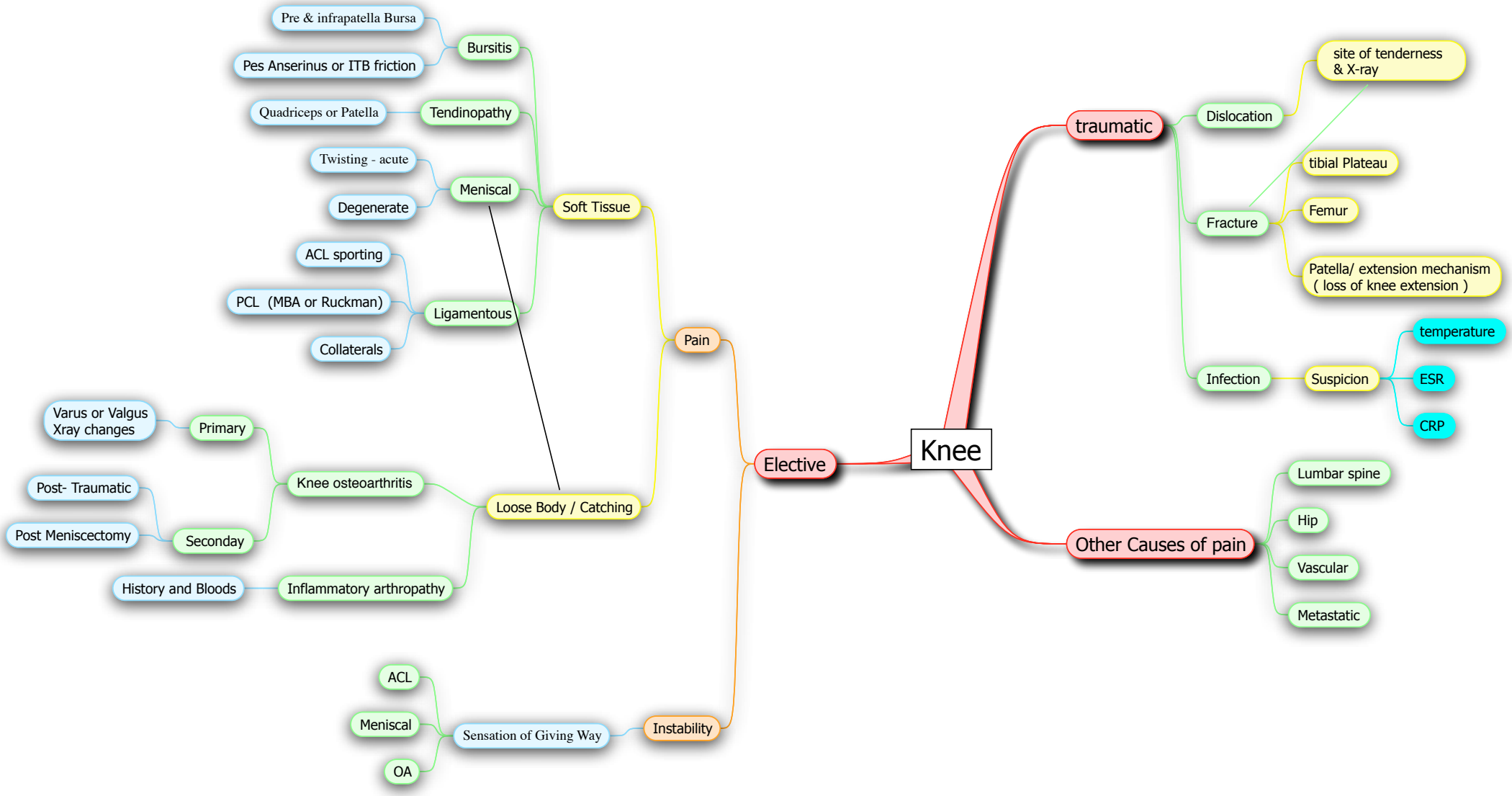
Knee
Elective
Pain
Soft Tissue
Bursitis
Pre & infrapatella Bursa
Pes Anserinus or ITB friction
Tendinopathy
Quadriceps or Patella
Meniscal
Twisting - acute
Degenerate
Ligamentous
ACL sporting
PCL (MBA or Ruckman)
Collaterals
Loose Body / Catching
Knee osteoarthritis
Primary
Varus or Valgus
Xray changes
Seconday
Post- Traumatic
Post Meniscectomy
Inflammatory arthropathy
History and Bloods
Instability
Sensation of Giving Way
ACL
Meniscal
OA
traumatic
Dislocation
site of tenderness
& X-ray
Fracture
tibial Plateau
Femur
Patella/ extension mechanism
(loss of knee extension)
Infection
Suspicion
temperature
ESR
CRP
Other Causes of pain
Lumbar spine
Hip
Vascular
Metastatic