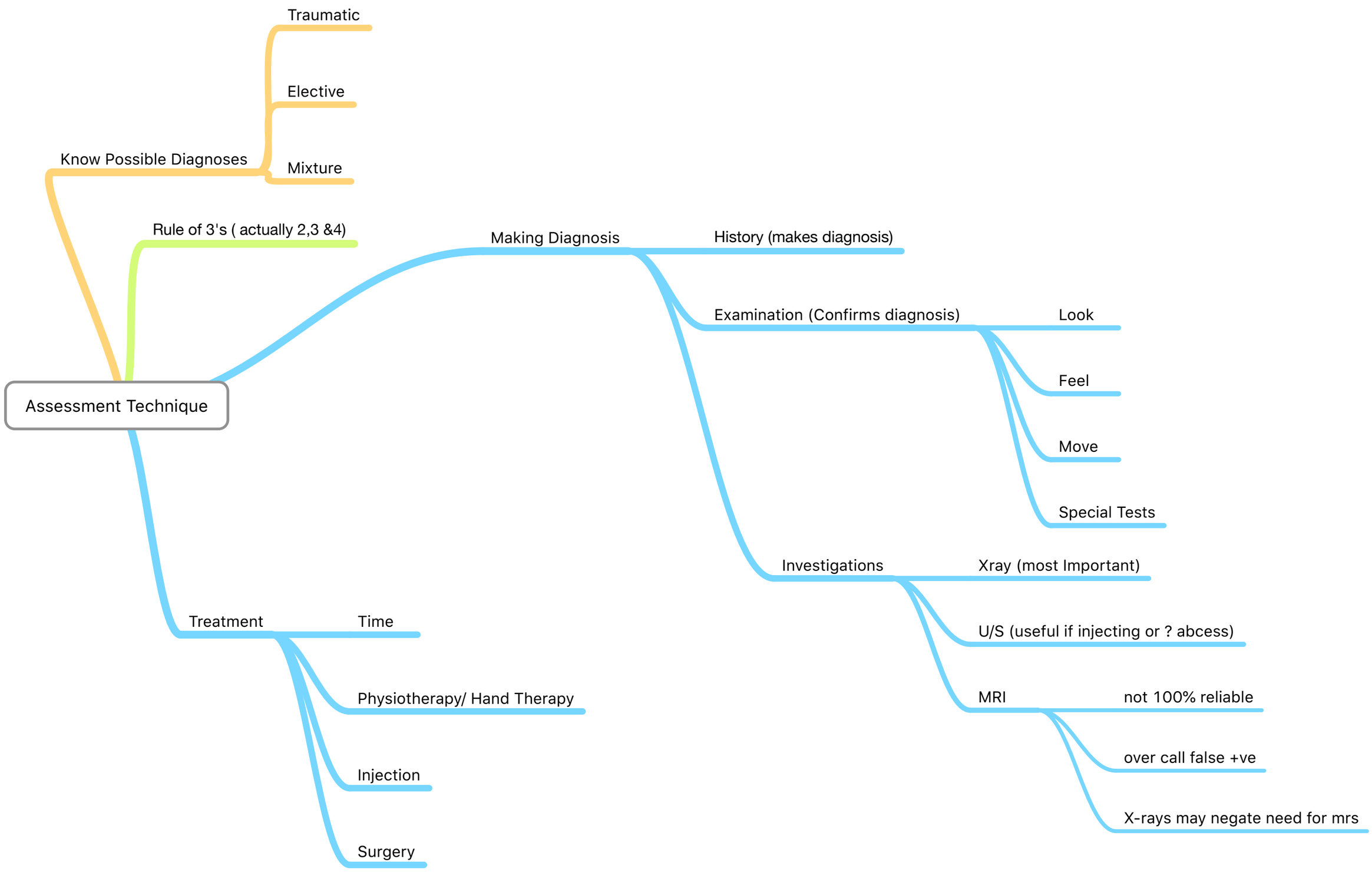
Assessment Technique
Know Possible Diagnoses
Traumatic
Elective
Mixture
Rule of 3's (actually 2,3 &4)
Making Diagnosis
History (makes diagnosis)
Examination (Confirms diagnosis)
Look
Feel
Move
Special Tests
Investigations
Xray (most Important)
U/S (useful if injecting or ? abcess)
MRI
not 100% reliable
over call false +ve
X-rays may negate need for mrs
Treatment
Time
Physiotherapy/ Hand Therapy
Injection
Surgery